

Rotary  
CLUB CHANDIGARH

UNITE  
FOR  
GOOD

# Open Hand

WEEKLY CLUB BULLETIN OF ROTARY CLUB CHANDIGARH | ROTARY INTERNATIONAL DISTRICT 3080 | INDIA

CHARTER 15227 | CHARTERED ON 10TH MAY 1958

ISSUE 30 | 26 January 2026

HOME CLUB OF **Rajendra K. Saboo**  
ROTARY INTERNATIONAL PRESIDENT  
1991-92

**Francesco Arezzo**  
ROTARY INTERNATIONAL PRESIDENT  
2025-26

**Ravi Prakash**  
DISTRICT GOVERNOR  
RI DISTRICT 3080

**Abha Joshi Sharma**  
CLUB PRESIDENT

**Arun Aggarwal**  
CLUB SECRETARY

## STRENGTHENING NATIONAL SECURITY: INSIGHTS FROM ADMIRAL SUNIL LANBA

The Monday meeting of Rotary Club Chandigarh commenced with President Abha J Sharma updating members on office projects, setting the stage for an evening of enlightenment. PDG Madhukar Malhotra then introduced the guest speaker, Admiral Sunil Lanba, Ex-Chief of the Naval Staff, highlighting his distinguished career and expertise.

Following the introduction, Admiral Lanba took the stage, captivating the audience with his talk on national security. President Abha welcomed him, expressing the club's honor in hosting him, and thanked him for sparing time despite a medical urgency. Admiral Lanba began by explaining the command structure of the Armed Forces, highlighting the Navy's operational commands in Mumbai and Vizag, and the importance of maintaining minimum force levels. He emphasized the need for ships to be kept ready and fully equipped with ammunition, mirroring the preparedness of the Army and Air Force.

As Chief of Naval Staff and Chairman, Chief of Staff Committee from January 2017 to May 2019, Admiral Lanba shared valuable insights. He noted that India has never initiated conflict since 1947, instead reacting to situations, and highlighted the collaborative planning among the Armed Forces. He cited the Pulwama incident, where forces united to discuss and plan, presenting their strategy to the CCS for approval.

Admiral Lanba stressed the importance of regular exercises and tri-service drills to validate plans, referencing the Pahalgam incident as a heinous terrorist



attack. He emphasized India's challenging neighborhood, with China's rapid military growth, capturing 65% of global shipbuilding and outbuilding the next 10 largest navies. However, he noted India's advantage in the Indian Ocean region, contrasting

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**No Monday meeting  
on 26 January**

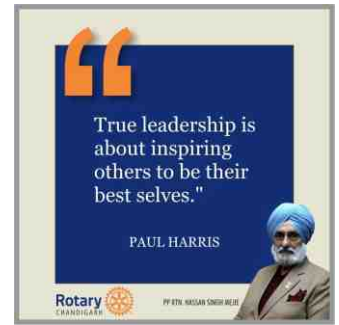


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with China's strength in the Western Pacific.

In conclusion, Admiral Lanba emphasized the need for India to invest in military capability, enabling the nation to negotiate from a position of strength. He acknowledged progress over the past 10-15 years but stressed that there is still a

long way to go in achieving national security goals. Rtn Col H S Chahal expressed the club's gratitude to Admiral Lanba for his insightful talk. The evening concluded with a sumptuous fellowship hosted by Rtn Manmohan Luthra, providing members with an opportunity to engage with the distinguished guest.

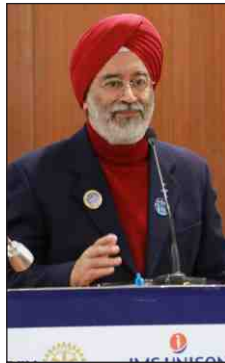


## Rotary Peace Summit Inspires Youth to Build Bridges, Not Walls

The Rotary Peace Summit, held at IMS UNISON University Campus, Dehradun on January 17, 2026, brought together youth and experts to discuss peacebuilding and conflict resolution. The event, hosted by IMS UNISON University and supported by Rotary Action Group for Peace, featured Dr. Anil Subbarao Paila, Vice Chancellor of IUU, as chief guest, and District Governor Ravi Prakash as Guest of Honour.

In his opening remarks, PP AP Singh shed light on the concept of peace, elucidating positive peace, negative peace, inner peace,

and outer peace. He substantiated the mission of Rotary, emphasizing peacebuilding and conflict resolution.



Keynote speaker Saurabh Bhandari shared his experience in Mitrovica, Kosovo, highlighting the power of dialogue in conflict resolution. He emphasized that peace starts with the courage to initiate dialogue, praising the UN's adoption of June 10th as International Day for Dialogue among Civilizations.

The summit included a panel discussion on "Is Peace Possible?" moderated by District Peace Co chair Prof Charanjit Singh, with experts emphasizing the need for inner peace, regular meditation, and structured peace education. Students presented their perspectives on peace, and a skit demonstrated how language can impact harmony.

The event concluded with a call to action, inspiring youth to build bridges, not walls, and empower a peaceful future. District Governor Ravi Prakash encouraged youth to develop a positive mindset to resolve global conflicts, while Dr. Paila emphasized the Rotary Peace Pole's motto: "May Peace Prevail On Earth".



## GRATITUDE FROM PRESIDENT ROTARY CLUB CHANDIGARH

We are grateful to President Dr. Sanjeev Goelji of Rotary Club, Ambala for having extended a Selfless Humanitarian medical service to a needy patient Dinesh Kumar S/o Sharan Das. The case was referred to the President of RC of Ambala Rtn. Sanjeev

Goel and recommended by Rotarian Dr. Upneet Lalli of RC of Chandigarh. The patient needed emergency treatment to save his life with a procedure costing ₹3.0 lacs. In True Rotary spirit the surgery was done and a valuable human life saved and ₹2.82 lacs of the surgery cost were

waived off. Appreciation is expressed on behalf of the Board of Directors and the Entire Rotary Club Chandigarh family, appreciates this magnanimity of RC of Ambala & The Rotary Hospital Ambala."

This indeed is the MAGIC OF ROTARY

## CELEBRATIONS

### Birthday Greetings:

**30 Jan** Rtn Jaiwant Singh Kang 9815120001

### Anniversary Greetings:

**26 Jan** PDG Praveen Chander Goyal & Ann Basu 9814143499

**27 Jan** Rtn Dr Parikshit Ranjan Jawa & Ann Vasvi Adarsh 80800 81000

**28 Jan** Rtn Manmohan Luthra & Ann Dr Nirupam 9815301000

**29 Jan** Rtn Dr Seema Gupta & Sh. Gopal Gupta 9876028775

**31 Jan** Rtn Anil Gakhar & Rtn Aradhana 9815510520

9814013365

With Best Compliments from  
Rtn Jagesh Khaitan

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**GMSSS RC 1, Maloya**

**Government Model Senior Secondary School RC 1, Maloya Chandigarh** conducted the MHM (Menstrual Hygiene Management) session, and it went very well. The session was coordinated by Ms. Neha

**Facilitators:** Ms. Vinita Shah, Ms. Kirti and Mr. Inderpal

Total Sessions Conducted: 06

Total Students Covered: 492

Students Covered: Class 6th to 10th students

## Blood Donation Camp January 16, 2026

A blood donation camp was successfully organised by the Rotary Club Chandigarh at Milestone Gears Ltd., Baddi.

A total of 41 individuals generously donated blood for this noble cause.

Thanks & regards,

Blood Centre-37, Chandigarh

**M/S MILESTONE GEARS LTD.**

ORGANISING

**VOLUNTARY BLOOD DONATION CAMP**



IN ASSOCIATION WITH

**ROTARY CLUB CHANDIGARH .**

**FRIDAY : 16.01.2026**

**TIMING: 10:00 AM TO 2:00 PM**

**CAMP VENUE : UNIT 8, JHARMAJRI, BADDI**



## Pads distribution drive

1. GMHS Sector 25 ( No. of pads Distributed 300)
2. GMSSS Maloya Village ( No. of pads Distributed 200 )
3. GMSSS Sector 39C ( No. of pads Distributed 350 )

Facilitators: Ms. Pooja and Mr. Vishrut





## Human Milk Bank Project



### In year 2024

1. Total amount of milk collected - 79340 ml (approx 80 L)
2. No of mothers who donated milk - 479
3. No of babies served - 134

### In year 2025

1. Total amount of milk collected - 137245 ml (approx 140 L)
2. No of mothers who donated milk - 543
3. No of babies served - 144



## TB Eradication Drive

Distribution of food packets to TB patients was carried out today. Total of 470 kits in 12 TB cells at different dispensaries of Chandigarh will be covered.

Secretary Rtn. Arun Aggarwal, Director Community Services Rtn. Rosy Katyal and Rtn. Alok Batra

were present for coordinating the activity.



## MEMBERS UPDATE



Longtime Rotary member Ravishankar Dakoju and his wife, Paola, have pledged an extraordinary US\$50 million gift to The Rotary Foundation - one of the largest individual contributions in Rotary's history.

Inspired by a lifelong commitment to service and giving back, their generosity reflects a powerful belief in Rotary's ability to create lasting change through humanitarian projects worldwide. This gift will expand the reach and impact of Rotary projects for years to come.

The couple is from Bangalore India donated 85 percent of their wealth that is, 450 crore.

## MEDIA COVERAGE

सुन्दर मुंदरिए हो... ओ तेरा कौन विचारा...



सुन्दर मुंदरिए, तेरा कौन विचारा, दुल्ला पड़िवाला, दुल्ले दी के जवाले, तेरा शक्कर करी... इस लोकगीत के साथ लोहाड़ी जलकर, खोस करते हुए और एक दुसरे का लेकरी, मंगलवादी, गलक और चौकरीन खाले हुए जलन भयाव संस्कार-18 के टैगल बैस्टर में, जहाँ टैगल भिन्न संस्कारों ने शहर के सभी रोकमें हुस के साथ जलन खा। इसमें अतीत लखीर, संगीत गुल, अभिषेक रामे सहित कई टैगलरों व उनकी टीमें हिस्सा बनीं। दूसरा जलन पेटरी कस्य और चंदीगढ़ में रोटरीस के जलन को पूर्व प्रिंसिपल रोटरीन हसम मेले और उनकी पत्नी शरिकाज ने सस्य के बच्चों के लिए होस्ट किया।



सिटी लाइफ 15-01-2026

Fun N Learn Tour

ताकि बच्चों को विदेशी संस्कृति और पहनावे का पता लगे

चंदीगढ़ | अगर आपकी पहल से किसी के चेहरे पर मुस्कान आती है तो हमसे अच्छा क्या होगा। रोटरीस ने छोटे-छोटे बच्चों के दिलों को छुसीसी से भरने की पहल की है। इसके तहत रोटरी क्लब ऑफ चंदीगढ़ ने खुशखबर को आउटडोर एक्टिविटी रखी। इसमें तकरीबन 55 बच्चों को जोड़ा गया। बापुवास कोलनी के रोटरी बिवा



Rotary Club of Chandigarh UNITE FOR GOOD

**क्षितिज**  
Beyond the horizon

**DISTRICT CONFERENCE 2026**  
BHEL Convention Center, Haridwar

28th Feb - 1 March 2026

REGISTRATION CHARGES TILL 31ST JAN

4500 Single 8000 Couple

ACCOUNT DETAILS

Rotary 3080 District Conference  
Account no. 0225938498  
IFSC - IDIB000R652 Indian Bank, Roorkee

FOR ANY SUPPORT OR QUERIES

Rtn Pankaj Pandey 9412637369

Rtn SANJEEV KAUSHAL Chairman  
Rtn BHUSHAN NANKANI Co-Chairman  
Rtn ALOK SARASWAT President Host Club  
Rtn GAURAV GUPTA Assistant Governor Zone 19  
Rtn VINAY TIAGI President Co Host Club

